



GC Cali Dance Eisteddfod – SDG - 2023

Hosted by Helensvale Calisthenic Dance Academy

www.gccalidanceeisteddfod.com

Competition Information

The GC Cali Dance Eisteddfod welcomes you all to our 2023 Regional Solo/Duo/Graceful Competition, proudly hosted by Helensvale Calisthenic Dance Academy.

We are excited to continue with the newly introduced sections we trialled in 2022:

Trios - Offered in 3 age categories; and

Self-Choreographed - Enables dancers the opportunity to present a self-choreographed item.

For further details, please refer to the Rules & Regulations section below.

Dates

Saturday 1st April

Sunday 2nd April

Monday 3rd April

Schedule

Saturday 1st April – Junior/Inter/Senior/Master Solo's and Senior/Master Duo

Sunday 2nd April – Sub-Junior/Junior/Inter/Senior/Master Graceful's

Monday 3rd April – Sub-Junior Solo, Tines Display, Sub-Junior/Junior/Inter Duo's/Trio/Self Choreography

***Exact times will be confirmed once entries have been received.*

Venue

Somerset College

Somerset Drive, Mudgeeraba, Gold Coast





Our Adjudicators – Paula Hessey – Vic & Susan Anderson - Vic

Paula Hessey

Paula's calisthenics career began at the age of 3 at her local club, Avonde. She performed with her club for 22 years. At the age of 18, Paula was given the opportunity to coach Glenroy Calisthenics Club, where she has coached all age groups, solos, gracefuls and pupil skills for the past 34 years.



Paula joined ASCA (Vic) in 2003 as a cadet adjudicator and has adjudicated all levels in all states. She adjudicates solos, gracefuls and teams at all levels. Paula presented a research paper on Adjudicating Singing in 2015 moving into Advanced 2 Maintenance accreditation.

Paula has been an active member on the ASCA (Vic) committee since 2013, serving as Accreditation Coordinator, Cadet Coordinator, Secretary and currently as Vice President.

Outside of calisthenics, Paula is a music teacher and performs regularly as a musician on the clarinet, saxophone and flute. She has adjudicated at eisteddfods in Victoria and South Australia in Music, Choral and Vocal sections.

Paula attributes her love of our sport, Calisthenics, to the guidance and love from her coach, Jill Goss and the support from her mum and family.

Susan Anderson

Susan began her 'calisthenic journey' as a sub-junior at a local class near her home in Croydon. She immediately developed a love of calisthenics and travelled long distances every week to compete at Championship team level and train under the guidance of Miss Vera Hopton in her solo work.



Susan began her coaching journey in 1979. She has coached all sections from Tinies to Seniors including many soloists over the years.

Susan's role of solo coach has encompassed training girls from the age of 6 years Physical Culture (as it was known in those days) through to Senior Graceful Girl at Royal South Street.

In 1999, Susan gave up her love of being a calisthenic competitor and coach and began her new journey of "Cadet Adjudicator" within the A.S.C.A Victorian Branch. Susan has adjudicated at the Nationals, local and country competitions in Victoria, Royal South Street Ballarat, South Australia, Canberra, Western Australia, Queensland and New South Wales. She became an Advanced 2 Adjudicator in 2011 and hopes to keep learning and developing her skills as an adjudicator through continued professional development.

Competitor's Entry

Entries for the GC Cali Dance Eisteddfod will open on the 20th February 2023 via myStage. Please click on the link below to register. You will need to create a myStage account if you do not already have one. Entries close Midnight 3rd March 2023.

No late entries will be accepted & no refunds given for non-attendance/withdrawals.

<https://www.mystage.net.au/myStage/GCCD/Landing/>

This year's entry fee is an '**All-Inclusive**' fee which includes the follow –

- **Competitor Entry Fee**
- **Stage Video** (delivered via Google Drive link, sent to the nominated Coach)
- **Stage Photos** (delivered via Google Drive link, sent to the nominated Coach)
- **Audience Entry Fee – Free Entry for all family, friends & competitors for the whole competition**

Cost of Entry

Tinies - Display Only - \$70 per item

Sub-Junior Solo/Graceful - \$95 per item

Junior Solo/Graceful - \$95 per item

Intermediate Solo/Graceful - \$95 per item

Senior Solo/Graceful - \$95 per item

Masters Solo/Graceful - \$95 per item

All Duos - \$145 per item

All Trios - \$145 per item

Self-Choreographed Section - \$70 per item

Audience Tickets

Entry to the theatre will be **FREE** for all family, friends, competitors & coaches for the entire competition. We encourage you to bring your family & friends along to support our performers. It's also a great opportunity for our performers to watch other age groups.

Merchandise

GC Cali Dance Eisteddfod have a wide range of Merchandise available to purchase. These items can be pre-purchased online or at the venue (EFTPOS Only). <https://gccalidanceeisteddfod.com/merchandise/>

Backstage Photos

We have partnered with Images By Megan again for our GCCDE solo comp. She will be back stage to take all your off stage photo's and photo's of our placegetters. Link and details for these photo's is below

<https://forms.gle/LN3dqS1kYeXWgF2c7>

Pack 1 - \$35

Pack 1 is for a single item and consists of 3 edited high-resolution (print quality) images.

Pack - 2 - \$55

Pack 2 is for two items and consists of 6 edited high-resolution (print quality) images. This pack can be used for a single dancer competing in 2 items (3 images per item) or for two dancers from the same family across 2 items (3 images per dancer).

Pack 3 - \$75

Pack 3 is for three items and consists of 9 edited high-resolution (print quality) images. This pack can be used for a single dancer competing in 3 items (3 images per item) or for two or more dancers from the same family across 3 items (3 images per item).

If you require more than 3 items photographed, please select Pack 3, and put a note in Additional Details with information on the number of items. Additional items will be \$20 per item EG 4 items = \$95.

Terms and Conditions

- Images by Megan will issue an invoice within 48 hours of completion of the booking request.
- Bookings close 31st March 2023.
- Late bookings may be accepted at the discretion of Images by Megan.
- Bookings will only be considered complete once payment is received.
- Payment must be made on or before 1st April 2023.
- All photos will be taken on site (Somerset College) within the session times as published by GCDDE - SDG - 2023.
- If competitor/s is/are withdrawn from the Competition, please contact Images by Megan via email to arrange a full refund, less PayPal processing fee.
- All images will be delivered no later than 21 days post competition.
- All images will be delivered to the registered email address via DropBox or GoogleDrive.
- Images of duos will be delivered to the registered email address plus one additional email address if it is provided at the time of registration or on the day.
- All images delivered are for clients personal use only.
- All images must be downloaded within 30 days of receipt.
- Image/pose ideas supplied to Images by Megan are not guaranteed to be provided
- Images by Megan has final selection of images that will be edited and provided
- Refunds will not be provided for creative differences in photos received.

Rules & Regulations

- All Solo's, Duo's & Graceful's will follow the ACF National Rules & Regulations.
- Trio's will be offered in 3 age categories and all rulings will follow the current ruling for SDG items:

Mini – Average age 12 years and under

Teen – Average age 12.1 years to 17.9 years

Senior – 18 years and over

- The Self Choreographed section will be available for the following ages:

Juniors – 11 years to 13 years as at 31st December 2023

Inters – 14 years to 17 years as at 31st December 2023

Seniors – 18 years and over as at 31st December 2023 (not an accredited coach)

Qualified Coach – 18 years and over (must have Level 1 coach accreditation as a minimum)

Time limits for all Self Choreographed sections will be: 2.5 mins – 3.5mins

Rulings for the Self Choreographed Section:

- The entire item must be choreographed by the performer themselves. There is to be no input from external parties throughout the choreographic process.
- The item being presented can reflect a solo, graceful, duo or trio.
- Participants are not permitted to enter their solo/duo/graceful/trio into this section, if they are competing with it during the rest of the competition. It must be a different item.
- Any Level 1 coaches must enter themselves into the Qualified Coach Section.
- All competitors must follow the ACF Calisthenics Rules in regards to Banned and Dangerous Movements.
- PLEASE NOTE – participants do NOT require to have the correct skill level to enter their item.
- A Level 1 coach will put the competitor on and call music, however lighting will be restricted to 100% stage wash with blackout at start and finish if required.
- DLP will be allowed
- Scores will not be given, just a written crit will be presented on each item.

Competitors within the Self-Choreographed section will receive a critique for their performance with places being recognised and awarded at presentation.

About the Venue

Somerset College's Performing Arts Centre is a beautiful theatre situated in Mudgeeraba on the Gold Coast. It seats approx. 250 (once rows are taken out for Adjudicator). Dressing rooms are located in close proximity to the stage, and there is the added bonus of having access to the Great Hall where our competitors can easily run through their item before stepping on stage.

Competitors are asked to wait in the side stage waiting room until called to come onto stage.

Entry to the stage will be from OP side. There is no run around behind stage. Anyone needing to start from prompt side will need to run across the stage or can go under the stage to the other side. Directions will be given to you on the day by our volunteer Marshalls.

Lighting and music are called from OP side.

Stage Size

Stage Width from side tab to side tab 10.4m

Front of stage to Cyc 10.3m (Cyc is Curved so deeper in centre see below)

Front of Stage to House Curtain 1.9m

Front of stage to Centre Spot 5.15m

Spots out from Centre Spot 3m

Please Note: White Cyc - this is a curved solid wall. We will have the stage marked with tape showing where the black tab comes down. If you go past black tab mark the lighting is lost from the competitors face.

Black Tab can be used, but not for a run around.

Lighting & Curtain Cue Sheet

- Coaches **MUST** complete a **LIGHTING & CURTAIN CUE SHEET** for **ALL** items.
- Official Lighting & Curtain Cue Sheets are to be completed and uploaded to your club's dropbox (link will be sent to your club) by Sunday 12th March 2023. All forms **MUST** be typed for acceptance.
- Non-return of Lighting & Cue Sheet will mean no special lighting and the performance restricted to standard lighting and curtains only. **On-the-spot demands for lighting and curtains not listed on the lighting & cue sheet will not be possible.** There will be no pre-plotting of lights.
- No extra lighting or special effects equipment may be used.
- Six (6) cues only (including pre-set) per item are allowed for all sections

Curtains

GC Cali Dance Eisteddfod will supply Curtain Techs for Front of House Curtain and black tab.

The black tab must be requested on your lighting cue sheet.

Definitions:

Front House Tab – curtain in front of stage area. Curtain is not a reveal, but a page (opens and closes sideways)

White Cyc – White wall at back of stage area, this is curved

Black Tab – Black curtain at back of stage area. This curtain cannot be used as a page for entries and exits of performers. Performers are not permitted to transition from one side of stage to the other behind the tab.

Side Wings – As per diagram shown below in lighting section

Music / DLP

All Music/DLP is to be uploaded to your clubs dropbox no later than Sunday 12th March 2023.

Music must be in MP3 format and DLP must be in MP4 format.

Naming of Music: (if this is not correct, music will not be accepted)

Competitor Number – Section – Competitor Name – Club

e.g. 18 – IntermediateNoviceSolo – EmmaJaneSmith – HCDA

Props

Stage dressing is prohibited, only hand props allowed (Chairs and small drums considered hand props, please refer to ACF rules for full details).

Available Lighting

Cyc Wash

Colours available are -

Red
Yellow
Pink
Blue
Purple
Green

A colour chase on the Cyc is also available. Cyc wash will be pre-set to 90%.

Please note; if you are using a DLP during a performance, you will not be able to use a Cyc wash. DLP will be projected onto a curved white back wall.

Stage Wash

No stage wash is available, however the colour from the Cyc wash does show on stage.

Stage Lights

White stage lights will be pre-set to 100% to ensure the competitor's face can be seen at all times. Stage lights will be either FULL or OFF with no variation.

Stage Lights will be adjustable via percentage as you require, please state the percentage of stage lights you wish within each cue.

Spotlights

The centre special spot (5) is available from above.

Mirror Ball

Mirror Ball NOT available

Follow Spot

Follow Spot NOT available



Gobo

This is a patterned effect that is shone from above the performers to make patterns on the stage. There are both fixed and rotating gobos available in the following patterns.

Fixed gobo wheel



Rotating gobo wheel



Photography

Photography will NOT be permitted inside the theatre except for during presentations. We will have onstage and backstage photos being taken. Your onstage photos are included in the competitor entry fee. Each coach/club will be provided with a link for each of their competitors within a week of competition. Backstage photo packages will be available for purchase and must be pre-ordered via <https://forms.gle/LN3dqS1kYeXWgF2c7>

Video

Each performance will be videoed and is included in the Competitor Entry Fee. The video link will be sent to the nominated coach within 48 hours of the conclusion of competition.

Canteen

We will have a fully functioning canteen at the comp, selling pre-packaged food and snacks as well as drinks/tea/coffee/water. The full menu will be available via the website closer to comp. ***EFTPOS Only.***